

GMC Number 6128595 - on GP Register since 2010

Next Revalidation Date 26 July 2026

From 2010 to 2019 I was a rural GP on the Isle of Arran, with experience of providing a wide range of generalist and integrated medical care, from primary care in a rural GP setting, to emergency, intermediate, prehospital and palliative care. In July 2019 I relocated to East Lothian and worked in salaried, locum and out-of-hours roles in the area. In April 2020 I became a GP Principal at Lauderdale Medical Practice in Dunbar. I am leaving this partnership in March 2022 and will be available for GP locum work in East Lothian.

I am interested in opportunities that will allow me to follow values that I subscribe to in compassionate and collaborative leadership, strategic team development and innovative practice to achieve high quality patient care.

When I provide locum GP services, I recognise that demand can involve unpredictable fluctuations, clinical complexity and emergencies. I aim to be flexible and responsive to this, and to contribute effectively to your practice team when I am working at your practice.

A real-time calendar with my locum availability can be viewed at www.davidrhogg-gp.com

:: Experience

Clinical Interests

Nine years as a GP on Arran gave me experience in a range of clinical settings, including the community hospital, A&E and prehospital environments. However, I derive most professional satisfaction in the GP consulting room: providing consultations and continuity of care, and working in a practice team. Whilst I have a number of other interests, particularly in education, I intend to maintain regular clinical sessions throughout my career. I keep up to date with courses such as NB Medical Hot Topics and local opportunities for CPD including SEAs, case reviews, audit and general team discussion.

On Arran I was the lead partner for asthma/COPD, information & communication technologies, patient access (including appointment scheduling) and young people's services. In Dunbar I was the Practice Quality Lead, and led on IT/social media platforms to improve patient engagement and access to self-management and self-referral options.

I have interests in emergency care, mental health, adolescent & young people's health and respiratory medicine. I regularly use aspects of CBT, narrative-based medicine and motivational interviewing techniques when relevant, during my consultations. I am proficient with Vision, EMIS and all 'typical' NHS Lothian GP portals such as Clinical Viewer, SCI Gateway and RefHelp. I am familiar with the use of Trak for community hospital patients.

Integrated, Efficient GP Services

On Arran I was a GP Partner (one of five) for six years. This gave me experience in overseeing, valuing and motivating the wider practice team to work in an efficient and effective manner. Arran Medical Group is a 17C practice that is the sole provider of medical services to an island community of 5,000 patients over an area the size of Greater Glasgow. The island population soars to 25,000 at the peaks of holiday seasons, and this brings challenges in managing fluctuating demands on unscheduled care. In 2013 I introduced a new GP template system that incorporated telephone triage and on-the-day demand management that continues to operate now.

I became a partner just as Arran Medical Group was undergoing a significant merger of the three GP practices on the island. This was a formidable project to bring together a team of nearly 40 staff over five sites, whilst keeping our community informed and motivated about the changes, and designing a more cohesive approach to multi-site, multidisciplinary services.

Due to the nature of continuously working across primary, intermediate, acute and unscheduled care, I frequently reflected on the ways in which multidisciplinary and integrated health services can be optimally configured to balance demand- and needs-led service change. Strong GP leadership was crucial to the planning and implementation of integrated health and social care on Arran, and I was part of that process, including participating in the Collaborative Leadership in Practice training programme in 2018.

I have always had an interest in Information Technology, and in 2012 I designed an intranet platform (using MS Sharepoint) which remains in place today to keep disparate teams informed via a comprehensive information management strategy. This encompassed tools such as a centralised phone directory, a referrals guide, an inventory of clinical skills/procedures offered by the practice, and an effective go-to point to track practice calendar events such as Protected Learning Time, oncall and holiday rotas, and practice guidelines & protocols. In addition, our public website was tailor-made to suit the range of communication requirements that we require for the varied services that we offer.

In Dunbar I created and developed the website www.dunbargp.scot, and within that, a secure intranet platform (using Wordpress) to provide a hub of information and resources relevant to the GP practice team. I also developed social media channels for Facebook, Twitter and Instagram using the @dunbargp handle. This has enabled us to quickly reach up to 6,000 of our patients easily, effectively and at no cost when needing to communicate information such as phonline problems, vaccination programmes and self-referral routes for patient care.

Teaching & Education

I am enthusiastic about teaching, and have been a GP Tutor to over 60 medical student placements. Most of these students have been from Dundee, Glasgow, London and Edinburgh Universities. Since 2020 I have been a Personal Tutor/Professional Mentor for medical students at Edinburgh University. At present I have nine such students from first to final year, with whom I meet regularly to review their opportunities for career/learning development as well as aspects of pastoral support.

I have been a clinical mentor for Paramedic Advanced Clinical Practice and Advanced Nurse Practitioner training, such that I have a good perspective of the ingredients that facilitate successful learning and experience for these disciplines. I set up a Work Observation Programme for local Arran high school students several years ago. I have been invited to speak to a number of groups about rural general practice, including the British Geriatric Society Trainees annual meeting, and both Edinburgh and Glasgow GP Student Societies.

For five years I was a GP Rural Fellowship supervisor. I am a peer reviewer for the journals *Innov.AiT* and *Rural and Remote Health*. Prior to 2019 I was a PBSGL Facilitator and a Clinical Simulation Facilitator. In 2016-17 I wrote two course modules at Masters level for the Dundee University Certificate in Acute & Urgent Care, which was developed in affiliation with NHS Education for Scotland. In 2017 I co-ordinated a week of emergency medical simulation training that involved organising the input of retrieval teams from adult, paediatric and maternity sectors. 540 cost-effective training hours were delivered to our nursing, medical and paramedic teams. We were subsequently awarded the Gordon Nixon Award for clinical innovation and teamwork.

Arran Medical Group is an accredited training practice, and I have provided GPST tutorials, as well as overseeing aspects of rota planning to facilitate training. I have continued to provide occasional GP training supervision in Dunbar.

2020-present Honorary Clinical Senior Lecturer (Medicine); University of Edinburgh

2014-present Honorary Clinical Senior Lecturer (Medicine); University of Glasgow

2016-2019 Honorary Senior Clinical Teacher (Medicine); University of Dundee

Emergency & Unscheduled Medical Care

I acquired a broad range of qualifications to cover the spectrum of rural immediate medical care. Working a 1:8 rota for GP out-of-hours and A&E gave me significant exposure to the decision-making required in a rural setting. I became used to working in isolation, making complex transfer decisions, and liaising with paramedic and retrieval teams to consider the most appropriate means of obtaining definitive care. I was the Medical Commander for several days after declaring a Major Incident during the Arran 'snow crisis' in 2013.

From 2010-2016 I oversaw a project called Arran Resilience to bring together Arran's voluntary and statutory emergency teams, in order to provide better co-ordination and understanding of emergency team capabilities, as well as joint simulation training. In 2013 we were awarded the EPS UK Resilience Team of the Year in recognition of the approach taken to synergise shared local emergency planning and training. This project epitomised many of the challenges and opportunities of health & social care multidisciplinary working, in bringing together teams with varying capacities, roles and objectives in order to achieve more cohesive and shared learning and response.

- ALS, ATLS, EPLS, SCOTTIE, MIMMS, BASICS IMC, PHECC, GIC (2015), PHPLS courses attended 2010-2019
- Sandpiper BASICS responder for the Scottish Ambulance Service. In 2010-2019 I attended over 150 incidents including serious road accidents, cardiac arrests, major trauma, paediatric emergencies and premature labour.
- Member of Arran Mountain Rescue Team (2011-2018)
- Lifeboat Medical Adviser for Lamlash RNLI (2017-2018; Deputy 2015-2017)
- Lifeboat Medical Adviser for Eyemouth RNLI (2021-present).

National Representation

I have always taken an interest in how high-level decision-making impacts on training and service delivery. I represented West of Scotland GP Trainees at the RCGP Trainees' Committee from 2008-2010. I was a member of RCGP Scottish Council from 2012 to 2017.

From 2016-2018, I was Chair of the Rural GP Association of Scotland. The last year of that required significant energy to represent concerns relating to the new GP contract, and gave me a perspective of the political and strategic processes that are shaping primary care services. I feel well-placed to translate the aspirations and opportunities of the new contract into local service delivery.

I have collaborated with academic general practice at international level. This has led to presentations at conferences in Croatia, Norway, Australia and Iceland. I have had a number of journal articles published. From 2016-2017 I was a regular blogger for Pulse Magazine, covering issues relating to rural general practice. From 2009 to 2019 I created and managed the website RuralGP.com which consistently attracted over 100,000 unique visits per year.

:: Qualifications

2018	Fellowship of the Royal College of General Practitioners (FRCGP)
2010	Membership of the Royal College of General Practitioners (MRCGP)
2009	Diploma in Child Health (DCH): Royal College of Paediatrics & Child Health
1999 - 2005	Medicine (MBChB): University of Glasgow
2002 - 2003	Intercalated Degree (BSc(MedSci)) in Developmental Medicine: University of Glasgow
1993 - 1999	George Watson's College, Edinburgh 1999 SQA CSYS (BBBC) 1998 SQA Higher (AAAAAB)

:: Employment History

- Apr 19 - present** **Portfolio GP**
In addition to the substantive posts below, I have provided locum GP sessions to practices including Prestonpans, Dunbar (Whitesands & Cromwell Harbour), Tranent, East Linton, Haddington (Orchard), Riverside (Musselburgh) and Eyemouth. I have continued to receive positive feedback regarding, in particular, my teaching and supervision of medical students and trainee nurse practitioners and GPs.
- Apr 20 – Mar 22** **GP Principal: Lauderdale Medical Practice, Dunbar**
One of four GP Partners in a small rural practice. Latterly I was working 8 sessions per week. I have led on setting up medical student teaching, communication technologies, and I have undertaken some collaborative work with the Healthy Respect team in Edinburgh on the provision of services to young people. Inevitably, shaping primary care services around ever-changing Covid-19 guidance featured heavily during this time too.
- Aug 19 – Sep 21** **Ad-hoc OOH GP: Lothian Unscheduled Care Service**
2-4 shifts per month at various bases (East Lothian; Midlothian; West Lothian; Royal Infirmary & Royal Hospital for Sick Children, Edinburgh); base, triage and car shifts.
- Jan 20 – Apr 20** **Salaried GP: Lauderdale Medical Practice, Dunbar**
- Jul 19 – Jan 20** **Salaried GP: Tranent Medical Practice**
2 days per week, with additional internal locum sessions, in a busy practice (approx. 13,000 patients) with a mixed demographic including high levels of deprivation.
- Apr 13 – Apr 19** **GP Principal: Arran Medical Group**
Arran is a vibrant rural island setting with a fluctuant population. We delivered general practice from five surgeries across an island population, and provided medical cover to our community hospital, which included palliative, emergency, day-patient and acute medical care to patients of all ages. Our out-of-hours commitments involved simultaneous medical cover of inpatients, A&E, NHS24 (home visits and PCEC presentations), and when necessary, in complex emergencies, prehospital support to our single ambulance crew. We worked very closely with providers of retrieval medicine/critical care, and aeromedical transfers were common. I co-authored national guidance for patients presenting rurally with Acute Coronary Syndrome and major trauma.
- July 11 – Apr 13** **Salaried GP: Arran Medical Group**
Same breadth of clinical work as GP Principal role above.
- Aug 10 – Jul 11** **GP Rural Fellowship: Brodick Health Centre/Arran War Memorial Hospital**
Same breadth of clinical work as GP Principal role above.
- Nov 09 to Jul 10** **A&E Locum SHO: Medacs Healthcare (approx 2-3 shifts per month)**
Posts in various A&E Departments in the West of Scotland.
- Aug 09 to Aug 10** **GP Registrar: London Road Medical Practice, Kilmarnock**
Trainer: Dr Ian Buchanan. A twelve month GPST3 post in a busy town practice, list size 12,500. As well as achieving MRCGP, I implemented a Controlled Drugs protocol for the practice.
- Apr 09 to Aug 09** **GPST2 in Paediatrics: Crosshouse Hospital, Kilmarnock**
Included general paediatrics and neonates. Audit successful in reducing haemolysed and insufficient neonatal blood samples.
- Nov 08 to Apr 09** **GPST2 in Obstetrics & Gynaecology: Crosshouse Hospital, Kilmarnock**
- Aug 08 to Nov 08** **GPST2 in Psychiatry: Crosshouse Hospital, Kilmarnock and Saltcoats Clinics**
Busy inpatient and outpatient settings, with a large multidisciplinary team and experience of risk and joint assessment.

- Feb 08 to Aug 08** **GPST1 in General Medicine: Ayr Hospital**
Included cover of high-dependency and coronary care units. Experience was also gained in the transfer of acutely ill patients to hospitals in Glasgow.
- Aug 07 to Feb 08** **GPST1 in Accident & Emergency: Ayr Hospital**
Developing confidence in managing minor injuries, advanced life support and major trauma. An audit was completed to assess the unit's compliance with national standards of asthma care.
- Apr 07 to Aug 07** **FY2 in Paediatrics: Royal Hospital for Sick Children, Glasgow**
Based in paediatric endocrinology, much time was spent in clinics assessing children and young people's growth and development. I also participated in the duty rota which provided supervised exposure to serious medical emergencies in children.
- Nov 06 to Apr 07** **FY2 in General Surgery: Gartnavel General & Western Infirmary, Glasgow**
Included minor surgery lists and supervising FY1s.
- Aug 06 to Nov 06** **FY2 in Oncology: Beatson Oncology Centre**
Management of patients receiving complex chemo/radiotherapy regimens; receiving phone calls from across West Scotland for advice; dealing with oncological emergencies.
- Feb 06 to Aug 06** **FY1 in General Medicine: Stirling Royal Infirmary**
- Aug 05 to Feb 06** **FY1 in General Surgery: Stirling Royal Infirmary**

:: Other Interests

- Music** I play violin (Scottish & classical) and piano. I have enjoyed playing chamber music when the opportunity presents.
- Photography** I enjoy photographing a wide range of genres including travel, sport, events and landscapes/nature. My portfolio can be found at <http://www.davidrhogg.com>.
- Travel** As well as enjoying exploring Scotland, I have travelled over the last twenty years to many European destinations, as well as Nepal, Thailand, Cambodia, Vietnam, Uganda, Egypt, Australia, Canada, South Africa, Namibia, Botswana, Iceland and Japan.

Last updated 1st February 2022