

GMC Number 6128595 - on GP Register since 2010

Next Revalidation Date 20 July 2020

For nearly nine years I have been a GP on Arran, with experience of providing a wide range of generalist and integrated medical care, from primary care in a rural GP setting, to emergency, intermediate, prehospital and palliative care. I am relocating to East Lothian in July 2019 with my partner Julia, and I am seeking new challenges in general practice. I will be working on a portfolio basis, and in addition to a confirmed salaried post, I will be available to work as a locum.

A real-time calendar with availability is available at <http://www.davidrhogg-gp.com>

:: Experience

Clinical Interests

Eight years as a GP on Arran has given me experience in a range of clinical settings, including the community hospital, A&E and prehospital environments. However, I derive most professional satisfaction in the GP consulting room: providing consultations and continuity of care, and working in a practice team. Whilst I have a number of other interests, particularly in education, I intend to maintain regular clinical sessions throughout my career. I keep up to date with courses such as NB Medical Hot Topics, Practice Based Small Group Learning and local opportunities for CPD including SEAs, case reviews, audit and general team discussion.

I am the lead partner for asthma/COPD, information & communication technology, patient access (including appointment scheduling) and young people's services. I have interests in emergency care, mental health, respiratory medicine and narrative-based medicine. I have recently trialled a satellite clinic in our local high school, in order to consider ways of improving access to confidential services to our young people. This has included establishing community partnership links with school staff and our youth club. Particular successes have been improving our accessibility for young people who identify as LGBTQ+.

Integrated, Efficient GP Services

I have been a GP Partner (latterly, one of five) since April 2013. This has given me experience in overseeing, valuing and motivating the wider practice team to work in an efficient and effective manner. Arran Medical Group is a 17C practice that is the sole provider of medical services to an island community of 5,000 patients over an area the size of Greater Glasgow. The island population soars to 25,000 at the peaks of holiday seasons, and this brings challenges in managing fluctuating demands on unscheduled care. In 2013 I introduced a new GP template system that incorporated telephone triage and on-the-day demand management that continues to operate now.

I became a partner just as Arran Medical Group was undergoing a significant merger of the three GP practices on the island. This was a formidable project to bring together a team of nearly 40 staff over five sites, whilst keeping our community informed and motivated about the changes, and designing a more cohesive approach to multi-site, multidisciplinary services.

Due to the nature of continuously working across primary, intermediate, acute and unscheduled care, I frequently observe and reflect on the ways in which multidisciplinary and integrated health services might be optimally configured to balance demand- and needs-led service change. Strong GP leadership has been crucial to the planning and implementation of integrated health and social care on Arran, and I have been part of that process, including participating in the Collaborative Leadership in Practice training programme in 2018.

I have always had an interest in Information Technology, and in 2012 I designed an intranet platform (using MS Sharepoint) which remains a vital aspect of keeping our geographically disparate teams informed via a comprehensive information management strategy. This

encompasses tools such as a centralised phone directory, a referrals guide, an inventory of clinical skills/procedures offered by the practice, and an effective go-to point to track practice calendar events such as Protected Learning Time, oncall and holiday rotas, and practice guidelines & protocols. In addition, our public website has been tailor-made to suit the range of communication requirements that we require for the varied services that we offer. It can be viewed at www.arranmedical.co.uk.

Teaching & Education

I am enthusiastic about teaching, and have been a GP Tutor for over 50 medical student placements on Arran (mainly 4th and 5th year). Most of these students have been from Dundee and Glasgow Universities, but we have also taken students on formal placements from Edinburgh, University College London and Kings College London.

I have been a clinical mentor for Paramedic Advanced Clinical Practice and Advanced Nurse Practitioner training, such that I have a good perspective of the ingredients that facilitate a successful learning environment and experience for these disciplines. I set up a Work Observation Programme for local high school students several years ago. I have been invited to speak to a number of groups about rural general practice, including the British Geriatric Society Trainees annual meeting, and both Edinburgh and Glasgow GP Student Societies.

I have been a GP Rural Fellowship supervisor for the last five years. I am a peer reviewer for the journal InnovAiT; a PBSGL Facilitator; and a Clinical Simulation Facilitator (all since 2011). In 2016-17 I wrote two course modules at Masters level for the Dundee University Certificate in Acute & Urgent Care, which was developed in affiliation with NHS Education for Scotland. In 2017 I co-ordinated a week of emergency medical simulation training that involved organising the input of retrieval and outreach teams from adult, paediatric and maternity sectors. This course delivered 540 training hours to our nursing, medical and paramedic teams to a local budget of £6000. We were subsequently awarded the Gordon Nixon Award for clinical innovation and teamwork.

Arran Medical Group is an accredited training practice, and I have provided GPST tutorials, as well as overseeing aspects of rota planning to facilitate training commitments.

2014-present Honorary Senior Clinical Lecturer (Medicine); University of Glasgow

2016-present Honorary Senior Clinical Teacher (Medicine); University of Dundee

Emergency & Unscheduled Medical Care

I have a full range of qualifications to cover the spectrum of immediate medical care. Working a 1:8 rota for GP out-of-hours and A&E has given me significant exposure to the decision-making required in a rural setting. I am used to working in isolation, making complex transfer decisions, and liaising with paramedic and retrieval teams to consider the most appropriate means of obtaining definitive care.

From 2010-2016 I oversaw a project called Arran Resilience to bring together Arran's voluntary and statutory emergency teams, in order to provide better co-ordination and understanding of emergency team capabilities, as well as joint simulation training. In 2013 we were named the UK Resilience Team of the Year in recognition of the approach taken to synergise shared local emergency planning and training. This project epitomised many of the challenges and opportunities of health & social care multidisciplinary working, in bringing together teams with varying capacities, roles and objectives in order to achieve more cohesive and shared learning and response.

- ALS, ATLS, EPLS, SCOTTIE, MIMMS, BASICS courses attended
- PHECC(2016), GIC (2015), PHPLS instructor candidate (2018)
- Sandpiper BASICS responder for the Scottish Ambulance Service. In the last eight years I have attended over 140 incidents including serious road accidents, cardiac arrests, major trauma, paediatric emergencies and premature labour.

- Member of Arran Mountain Rescue Team (2011-2018), and Lifeboat Medical Adviser for Lamlash RNLI (2017-2018; Deputy 2015-2017)

National Representation

I have always taken an interest in how high-level decision-making impacts on training and service delivery. I represented West of Scotland GP Trainees at the RCGP Trainees' Committee from 2008-2010. I was a member of RCGP Scottish Council from 2012 to 2017.

From 2016-2018, I was Chair of the Rural GP Association of Scotland. The last year has required significant energy to represent concerns relating to the new GP contract, and has given me a perspective of the political and strategic processes that are shaping implementation of the new contract. This has resulted in an understanding of the pros and cons of the aspirations and conditions of the new contract. I feel well-placed to translate the opportunities of the new contract, particularly when combined with my experience with integrating, communicating and helping to lead change on Arran.

I have collaborated with academic general practice at international level. This has taken me to conferences in Croatia, Norway, Australia and Iceland. I have had a number of journal articles published, and have recently had an article accepted on haemochromatosis. From 2016-2017 I was a regular blogger for Pulse Magazine, covering a range of issues including rural general practice and out-of-hours work. Since 2009 I have managed the website RuralGP.com, although due to planned changes to my career, I anticipate that this will cease in the near future.

:: Qualifications

2018	Fellowship of the Royal College of General Practitioners (FRCGP)
2010	Membership of the Royal College of General Practitioners (MRCGP)
2009	Diploma in Child Health (DCH): Royal College of Paediatrics & Child Health
1999 - 2005	Medicine (MBChB): University of Glasgow
2002 - 2003	Intercalated Degree (BSc(MedSci)) in Developmental Medicine: University of Glasgow
1993 - 1999	George Watson's College, Edinburgh 1999 SQA CSYS (BBBC) 1998 SQA Higher (AAAAAB)

:: Employment History

Apr 19 - present	Portfolio GP I am currently working on Arran as a locum GP. In July I will relocate to East Lothian for a mix of salaried and sessional GP work.
Apr 13 – Apr 19	GP Principal: Arran Medical Group Arran is a vibrant rural island setting with a fluctuant population. We deliver general practice from five surgeries across an island of varying remoteness, and provide medical cover to our community hospital, which includes palliative, emergency, day-patient and acute medical care to patients of all ages. Our out-of-hours commitments involve simultaneous medical cover of inpatients, A&E, NHS24 (home visits and PCEC presentations), and when necessary, in complex emergencies, prehospital support to our single ambulance crew.
July 11 – Apr 13	Salaried GP: Arran Medical Group Same breadth of clinical work as GP Principal role above.
Aug 10 – Jul 11	GP Rural Fellowship: Brodick Health Centre/Arran War Memorial Hospital Same breadth of clinical work as GP Principal role above.

- Nov 09 to Jul 10** **A&E Locum SHO: Medacs Healthcare (approx 2-3 shifts per month)**
Posts in various A&E Departments in the West of Scotland.
- Aug 09 to Aug 10** **GP Registrar: London Road Medical Practice, Kilmarnock**
Trainer: Dr Ian Buchanan. A twelve month GPST3 post in a busy town practice, list size 12,500. As well as achieving MRCP, I implemented a Controlled Drugs protocol for the practice.
- Apr 09 to Aug 09** **GPST2 in Paediatrics: Crosshouse Hospital, Kilmarnock**
Included general paediatrics and neonates. I also organised some undergraduate teaching which received good feedback from the students.
- Nov 08 to Apr 09** **GPST2 in Obstetrics & Gynaecology: Crosshouse Hospital, Kilmarnock**
- Aug 08 to Nov 08** **GPST2 in Psychiatry: Crosshouse Hospital, Kilmarnock and Saltcoats Clinics**
Busy inpatient and outpatient settings, with a large multidisciplinary team and experience of risk and joint assessment. This kindled my interests in delivering effective mental health care, and the options for effective GP input when other resources or referral routes are not easily accessible.
- Feb 08 to Aug 08** **GPST1 in General Medicine: Ayr Hospital**
Included cover of high-dependency and coronary care units. Experience was also gained in the transfer of acutely ill patients to hospitals in Glasgow.
- Aug 07 to Feb 08** **GPST1 in Accident & Emergency: Ayr Hospital**
Developing confidence in managing minor injuries, advanced life support and major trauma. An audit was completed to assess the unit's compliance with national standards of asthma care.
- Apr 07 to Aug 07** **FY2 in Paediatrics: Royal Hospital for Sick Children, Glasgow**
Based in paediatric endocrinology, much time was spent in clinics assessing children and young people's growth and development. I also participated in the duty rota which provided supervised exposure to serious medical emergencies in children.
- Nov 06 to Apr 07** **FY2 in General Surgery: Gartnavel General & Western Infirmary, Glasgow**
Included minor surgery lists and supervising FY1s.
- Aug 06 to Nov 06** **FY2 in Oncology: Beatson Oncology Centre**
Management of patients receiving complex chemo/radiotherapy regimens; receiving phone calls from across West Scotland for advice; dealing with oncological emergencies.
- Feb 06 to Aug 06** **FY1 in General Medicine: Stirling Royal Infirmary**
- Aug 05 to Feb 06** **FY1 in General Surgery: Stirling Royal Infirmary**

:: Other Interests

- Music** I play violin (Scottish & classical) and piano. I enjoy playing chamber music when the opportunity presents.
- Photography** I enjoy shooting a wide range of genres including travel, sport, events and landscapes/nature. I am a member of the Royal Photographic Society and my portfolio can be found at <http://www.davidrhogg.com>.
- Travel** As well as enjoying exploring Scotland, I have travelled over the last fifteen years to many European destinations, as well as Nepal, Thailand, Cambodia, Vietnam, Uganda, Egypt, Australia, Canada, South Africa, Iceland and Japan.